

27. Güstrower Sommer-Stundenlauf-Serie 2010

Stundenlauf	30.06.	07.07.	21.07.	PWP	Halbstundenlauf	Meter	PWP
Damen					Kinder		
Siegmund, Sabine (55)		9,710		176.30			
Schmiedeberg, Brigitte (35)	8,080			168.12	Kuntermann, Hannes (8)	5,847	324.83
Hahn, Beate (63)	10,862			161.26	Kuntermann, Mattes (6)	5,192	324.50
Pusch, Sibylle (60)	9,564	8,375	7,932	156.64	Wurm, Henrike (11)	6,225	296.43
Dobbrunz, Anja (73)	11,671		11,519	156.31	Naß, Tobias (14)	7,100	295.83
Schulze, Michaela (70)	9,794			150.59	Blum, Paul (10)	5,289	264.45
Giering, Gerlinde (68)	10,006	10,301	9,583	147.40	Schmiedeberg, Tanne (9)	4,595	241.84
Röhl, Jana (78)		10,233		143.25	Schulze, Melanie (14)	5,628	234.50
					Schulze, Florian (11)	4,757	226.52
					Herrmann, Julia (14)	4,977	207.38
					Kanserske, Thomas (13)	4,339	188.65
Herren					Damen		
Bever, Lars (63)	15,870			232.96	Schulze, Michaela	5,160	
Werner, Dieter (51)	12,300	10,390	11,880	222.92	Wurm, Karina	5,080	
Köster, Gerold (54)	12,134	12,300		221.56	Müller, Renate	5,067	
Köller, Hans-Ulrich (31)			8,181	220.65	Priwitzer, Rita	4,830	
Schmiedeberg, Nils (67)	15,897			219.17	Naß, Manuela	4,255	
Schmitus, Manfred (53)		12,650	12,730	218.99	Blum, Janine	4,207	
Herrmann, Hannjo (61)	14,960		13,002	218.20	Kanserske, Kerstin	3,859	
Mumme, Stephan (48)		12,516		216.36	Kanserske, Silke	3,741	
Schäfers, Gottfried (38)	11,473	11,790		215.17	Karow, Nancy	3,355	
Wolff, Günter (46)	11,198	11,264	10,948	214.07			
Schinz, Andreas (61)	11,706			214.02			
Dedering, Folke (46)	10,753		9,855	209.93			
Salow, Manfred (49)	10,711	10,785	9,665	203.85			
Wiedewald, Dirk (67)	13,063	12,890	12,370	203.73			
Schulze, Michael (70)	13,071	13,077		203.37			
Hahn, Wilfred (58)	12,212			203.24			
Kriemann, Dietmar (67)	14,226	14063		201.95	Wurm, Johannes	6,720	
Lindhorst, Klaus (58)			12,328	201.82	Abrokat, Sven	6,321	
Flechtner, Manfred (59)	11,660	11,682	11,055	200.46	Blum, Stephan	5,566	
März, Heiko (65)			12,213	199.53	Herrmann, Oliver	5,389	
Pöhl, Erhard (62)			12,068	198.44	Kanserske, Andreas	5,325	
Genrich, Ralf (60)	12,540			198.41	Stache, André	5,289	
Losch, Michael (50)		11,316	10,143	198.16			
Dammann, Peter (48)		12,090		197.70			
Dedering, Birger (68)	13,285	13,510	12,470	196.42			
Schmiedeberg, Lars (70)	14,250			196.32			
Raddatz, Jörg (63)	13,194	13,500	12,768	195.44			
Rösner, Ralf (73)	12,928			194.03			
Ullerich, Gerald (67)	13,176	12,664	13,468	193.48			
Koch, Rene (70)			13,350	192.78			
Weser, Gerald (53)	10,890			191.52			
Wurm, Andreas (69)	12,987	12,883		191.07			
Utke, Nils-Steffen (71)	13,193			189.65			
Mellenthin, Jens (69)	13,560	13,720		189.20			
Maybaum, Ralf (63)	11,265	11,840	11,158	188.43			
Pichocki, Ralf(45)		11,155		187.15			
Hirthe, Gunnar (73)	13,344			186.72			
Dobrew, Toni (49)		10,205	10,119	185.84			
Rathje, Philipp (79)	12,937			185.17			
Schütze, Toralf (70)	12,673			184.33			
Rosenau, Philipp (17)		13,565		182.84			
Klein, Wolfgang (65)	10,044	9,918	9,387	179.28			
Naß, Mario (68)			11,354	178.73			
Grobbecker, Stefan (67)	11,122			176.42			
Lawrenz, Thomas (68)			9,433	175.81			
Ullerich, Ronald (72)	11,306	11,349		173.53			
Zorbas, Alexander (69)	10,271			166.71			
Mai, Gunnar (67)			9,583	165.56			
Kanserske, Stefan (93)	11,706	12,091		164.80			
Mey, Gunnar (42)		9,340		162.28			
Pöhl, Christoffer (83)			10,764	156.78			
Schlosser, Albert (98)	11,421			152.97			
Schnack, Mike (74)			9,583	150.55			
Grzesik, Stefan (82)			10,660	144.12			